

CERTIFICATE

OF PARTICIPATION

This is to certify that

Harlad Van Staden

Has successfully participated & completed the

32km SA Run 4 Cancer Ultra Marathon

held at Polokwane Rugby Fields.

TIME 04:10:34

PACE 07:48/km

GENDER 143 of

233

OVERALL 192 of 351

SENIOR (20- 75 of 118

39)

27 October 2018, Sat Date

